

# RELIGIOUS SCIENCE TREATMENT

Dr. Ernest Holmes taught that there is a scientific reasoning underlying all prayer, and that through this process of reasoning we are treating our own mind about the subject of our prayer and thus make our prayer more direct and powerful.

## **The Seven Steps of TREATMENT**

### ***Recognition***

In the beginning, God... Begin by recognizing that "God is all there is," including the issue of the prayer. Name as many of the wonderful attributes of God that you can think of to begin "treating your mind" that there is a power greater than you are and greater than the issue at hand.

Name as many of the wonderful attributes of God that you can think of to begin "treating your mind" that there is a power greater than you are and greater than the issue at hand. Remember: You are not making God these things; you are reminding yourself that this is what God is.

### ***Unification***

You are ONE with god.

### ***Affirmation***

### ***Denial***

### ***Reaffirmation***

### ***Gratitude***

### ***Release***