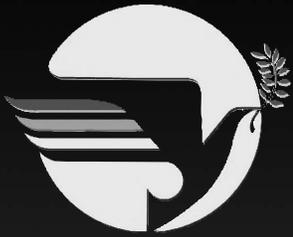


It feels like home...



UNITY

Atlanta Unity Church

January - February 2004

Re-Engineering Our Lives

The New Year, 2004, holds the promise of greatness for us, but only if we are willing to change ourselves from the inside-out. I recently had a talk with a friend about the changes in his life. He is an entrepreneur, a successful business man. In the past couple of years, his field, technology, experienced great challenges. He did not bemoan the fact that he was not able to generate the income that he used to. He did not sit around and blame the government, or war, or the stock market or anything else. He took a look at his life, his skills and what opportunities were out there in the world.



Reverend John Strickland

No matter what we may be facing, we can make the changes that are necessary to live happy, healthy and abundant lives.

In his own words he “re-engineered” his life and took off in a new direction. He is having great success.

Several years ago I was vacationing in Montana and visited a colleague in ministry. He was serving in a mining town that had all but been abandoned by the big mining companies. Many of the people there sank into depression and alcoholism. Some said things like, “I’ve been in mining all my life. What else can I do?”

So, we have two scenarios. Change was dictated by outside circumstances. One person was able to adapt and find abundance. Others could only see only one way of making a living and life became difficult for them.

Friends, there is a power in us that is greater than any external change. This power is the Christ within. No matter what we may be facing, we can make the changes that are necessary to live happy, healthy and abundant lives. I recall a time in my life when change was thrust upon me. I did not like it. My first reaction was to blame something and someone outside of me. It took me a while to realize the truth that I have known and taught all my adult life. When I made the change within myself, the outer became so much better. In fact, it was better than the life I had had before. Yes, I grieved the loss, but when I finally turned my own “stinking thinking” around, the world got better again.

All of us are facing change. We have always been taught that change is the only constant. Now we are being told that the rate of change is accelerating! This accelerating change, in and of itself, is neither good nor bad. How we choose to respond to it will make all the difference in our lives. We can choose to blame the external circumstances and the people creating the change, or we can turn to the Christ within and let God show us how to re-engineer our lives so that we can have even better lives than

before. The past is no more; we can be something greater.

Welcome to 2004!

Rev. John Strickland

What's

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Serving with Love



Atlanta UNITY Church

4146 Chamblee-Dunwoody Road, NE
Atlanta, Georgia 30341-1425
770.455.8920
www.atlantaunity.com

Senior Minister

John Strickland, ext. 11

Minister - Pastoral Care

Lauralyn Bellamy, ext. 15

Church Administrator

Kathi Hanley, ext. 20

Director of Church Operations

Pam Johnson, ext. 12

Executive Assistant

TC Fambrough, ext. 14

Director of Volunteer Services

Ginger Lingenfelter, ext. 29

Youth Education Coordinator

Melissia Albano, ext. 21

Director of Music

Sharon West, ext. 26

Director of Adult Education

Susan Trammell, L.U.T., ext. 23

Director of Finance

Mike LaBounty, CPA

Coordinator of Events & Weddings

Karen Hinton, ext. 13

Coordinator of Systems & Benefits

Kim Goodwin, ext. 24

Caretaker

Bill Dillon

Pianist/Organist

Betty Folger

Board of Trustees

Hugh Switzer
Scottie O'Toole
Liz Branstead
Tom Reilly
Stephanie Bush
Al Calloway
Pat Kapphahn
Jan Gurr

Licensed Teachers

Larry Bergmann
Valerie Savage
Rose Marie Bradley
Ruth Deubler
Susan Trammell

Spiritual Education Opportunities Throughout the Week

Keep your eye on THE BOARD – that is, our new education announcement board in Fellowship Hall, and a smaller version in the narthex. We will be offering so many exciting spiritual education opportunities this year that we want everyone to always be aware of what's available. In addition to Sunday morning classes and services, we now have programs scheduled for Sunday evenings, Monday evenings, Thursday mornings, and weekend workshops. And don't forget our new Wednesday evening music-oriented midweek service that Music Director Sharon West will be presenting.

**Susan T. Trammell, LUT
Director of Adult Education**

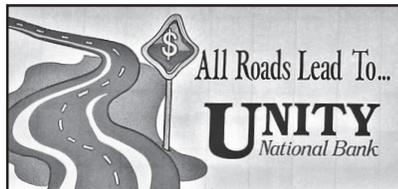
If you want to know more about Unity principles and how to practice them in daily living, Atlanta Unity Church is the place to be. And during Q1 '04 (Jan-March) we have some additional prosperity-oriented classes EVERY DAY OF THE WEEK. Be sure to pick up the Prosperity Dream Team announcement, check the big BOARD, and read flyers in Fellowship Hall for still more information about individual programs.

We look forward to seeing you in class! Remember, Unity is PRACTICAL CHRISTIANITY. And we want to do everything possible to help you apply the principles we teach in your daily life.

January and February Sermon Titles

Sermons by Rev. John Strickland

January 11	The Letter And The Spirit
January 18	Believing Is Seeing
January 25	All In This Together
February 1	Willingness
February 8	Gratitude with Guest Speaker Dr. Rocco Errico
February 15	Count It All Joy
February 22	Gentleness, Kindness
February 29	After All Is Said And Done: Deep Listening



Billboard seen in Rome, Georgia

Celebrating Life in the Dead of Winter

Here we are barely into a new year; barely recovered from the celebrations of Christmas and New Years; barely focused on the here and now.

The Chaplin's



Lauralyn Bellamy
Your Minister of
Pastoral Care

Corner

Technically, of course, the Twelve Days of Christmas extend to Epiphany (January 6), and the season of Epiphany covers most of January; so, if you choose, you can continue to bask in the wonder and mystery of this holy season for a few more weeks.

I was baptized into "Christ's death and resurrection" in the Church of the Good Shepherd (Episcopal) in New York City on the fourth Sunday in January, 1979 and remember the ceremony vividly - so Epiphany really resonates within me.

But by February, even I find myself sliding into "the dead of winter." As I write this column in early December, nature has thoughtfully provided me with a preview of that condition, the better for me to gather my thoughts for you. The sky outside my window is leaden,

bluish gray. The trees sway in naked trance to the wind playing hide and seek among their denuded limbs; even the pine trees look raggedy. The temperature will not climb much above 42°. Everything about the day suggests, "Shshshsh, quiet down. Reflect. Contemplate. Take a nap."

Actually, until the industrialization of the last century, there was plenty to do during the dead of winter. That was when farmers and fishermen repaired their gear; ranchers were busy finding and delivering hay for their herds; when households were busy stoking the fireplaces and potbellied stoves to keep the house a few degrees warmer than the outdoors; when candle-making cranked-up to meet the demands of shorter days; when wives and mothers busily knit and sewed the clothes that would keep their families protected.

The hustle and bustle of the holiday season is over and there yawns wide before us a lullllllllll. Perhaps the opportunity now is to recognize the invitation to inspect the state of our spiritual apparatus and emotional equipment, to repair our spiritual and emotional gear where they have grown frayed. Your chaplain can be a source of prayerful companionship during this time. If you do not have your own chaplain and/or want to explore spiritual direction or pastoral care with me, you can schedule an appointment by calling 404.394.3900.

We will be training new lay chaplains in late February. If you are a member of our congregation and would like to explore your call to this ministry, please call me.

Happy New Year to us all!

News

Our next New Member Orientation sessions will be as indicated above – in the sanctuary. Please note that this is a departure from our former Sunday afternoon time and location, and is in keeping with our new 2004 Adult Education Calendar.

New Member Orientation
February 9 and 16
7 – 9:30 PM

Attendance at BOTH sessions is required for anyone interested in joining Atlanta Unity Church at this time. If you can only make one class in February, you can join us for the other during our next program, May 10 & 17. These classes are also offered for anyone who simply may be interested in learning more about the Unity movement, its practices and teachings, as well as more about our church. Please join us for these highly informative sessions, conducted by Susan Trammell, LUT, Director of Adult Education.

Contact TC Fambrough in the church office 770.455.8920 to register in advance, to help us ensure we have sufficient training manuals available

Atlanta Unity Operations Update

As many of you know 2003 was an economically challenging year for Atlanta Unity Church.

Kathi Hanley,
Church Administrator

Because of those challenges we have had to make changes in the way the daily business of the church is managed. When I came onboard in October I was asked by the Board of Trustees to develop a zero baseline budget, which means that the expenses of the church should not be more than the revenue at the end of any month. Through this process the staff and I identified areas where spending could be reduced. Among those identified areas were:

- Reduce supply spending by 75%
- Reduce payroll spending by 10%
- Reduce facilities expenditures by 35%

These reductions have succeeded in reducing the monthly expenses of the church by approximately \$12,000.00 per month. But to implement these changes we found it necessary to make some difficult choices such as moving all meetings to the Sanctuary and Education Buildings in order to optimize the efficiency of the building usage. And perhaps most painful has been the reduction of staff positions and staff hours. We have eliminated the Bookstore staff position, the Director of Adult Education position and the Publisher position. However we are committed to keeping service levels to the congregation at the same level and so the work of those positions has been shifted to the remaining staff.

As we look to the 2004 operating year we will continue to look for ways to cut and contain expenses but pivotal to our success will be an increase to revenue. We will be undertaking an effort to significantly increase revenue from both events and weddings. We will be working with the Stewardship Committee to identify additional ways to bring income to the church. Sunday contributions and other revenue will need to total at least \$18,000.00 per week in order to meet the general operating expenses. This figure is approximately \$4,000.00 less than the requirement at the beginning of 2003, so you can see that the efforts of the staff to reduce costs have been significant. We will continue to look for ways to reduce expenses in 2004 but we also want to assure that we continue to provide the services that our congregation has come to expect.

UNITY's Prosperity Dream Team

One of the great teachings of Unity is: Prosperity is Spiritual and Spirituality Prospers. If you would like great abundance of good in your life, we have the programs for you. Our first quarter of 2004 promises more – more of what is good for you.

We have assembled our **PROSPERITY DREAM TEAM** to help you grow your prosperity consciousness. We are: Rev. John Strickland, Rev. Lauralyn Bellamy, Kathi Hanley, Susan Trammell, Jackie Dillon, Karen Hinton, Pam Johnson, Ginger Lingenfeltor, and special guest minister, the Unity movement's Prosperity Guru, Rev. Edwene Gaines.

Here are your opportunities:

4T Prosperity Program (Sanctuary) with Rev. John Strickland, Rev. Lauralyn Bellamy and Kathi Hanley on Sunday Nights from 6:30 to 8:30 . Preview session on January 4. Class starts on January 11 and continues for 12 weeks. To join this class you must agree to buy the book and cassette series, attend the sessions and tithe your time, treasure and talents. It comes with a money back guarantee. If you are not completely satisfied you will have 30 days from the last class to request a refund of your tithes.

Forty Days to Prosperity (Fellowship Hall) with the Atlanta Unity Church staff including Karen Hinton, Pam Johnson, and Ginger Lingenfeltor. This class will be held on Monday afternoons from 12:30 to 1:30, beginning January 5. Come and focus on the affirmations and the consciousness that leads to long-term prosperity. This class will use the John Randolph Price book, *The Abundance Book* which includes the Forty Day Prosperity Plan.

Learn To Be A Divine Magnet (Fellowship Hall) with Jackie Dillon, Tuesday evenings (January 20 to March 9) from 7:30 - 9:30. Get in the flow of knowing who you are and the abundance that is longing to bless your life. This class is offered on a freewill offering basis. It is open to everyone.

Be All That You Can Be (YOU Room) with Susan Trammell, Thursday mornings (January 5 to 26) from 10:30 AM to Noon. Learn to recognize your authentic self and discover what may be keeping you from your highest good. Create a new self-image and begin to manifest all that you are as a child of God.

Lessons of Abundance (Sanctuary) with Valerie Bagnol, January 7 at 7:30 PM. One of Atlanta Unity Church's most dynamic and successful members will share how she put the principles of prosperity to work in her life. Don't miss this high energy session.

The Dynamic Laws of Treasure Mapping (Sanctuary) with Kathi Hanley, Wednesday evenings (January 14 and 21) at 7:30 . Free will love offering. Learn about the life-changing practice of treasure mapping.

Guest Lecture with the Fabulous Reverend Edwene Gaines (Sanctuary) Many thousands of people around the world have had their lives changes as a result of taking her seminars. This is offered at 7:30 on Wednesday evening, January 28 . You won't want to miss this one. If you attend only one Wednesday evening all year, THIS IS THE ONE. Freewill love offering.

Abundant Health & More with Rev. Alberta Bosell, DD (Choir Room) on Monday evenings in January. This program is for anyone who desires a healthy mind, a radiant body, healthy relationships, and healthy wallets. This program focuses you on the fulfillment of health and abundance in all areas of our lives.

Values Based Management and the Prosperous Company (YOU Room) with Kathi Hanley. Come learn how to apply ethics, values and the principles of prosperity in the business world. This course will teach you how to use the Values Based Management Systems that guide successful companies like Toyota and Johnson&Johnson in making the right and prosperous decisions for their businesses. The prosperous company will help you develop a vision, a set of values and a code of ethics to guide the leadership of your company and to help secure the prosperity that you and your employees are entitled to. This class begins Friday January 23 and will continue until Friday February 27. Class will begin at 1:30 and end at 4:00. Fee for this class is \$100.00. Call Kathi to pre-register at 770-455-8920 ext. 20.

In summary, if you want more prosperity in your life, Atlanta Unity is showing you the way. And remember, prosperity is more than money. True prosperity is about having enough money to meet our needs and some left over to share. It is about radiant health. It is about happy, healthy relationships. It is about you being the YOU that God created you to be and about having the more abundant life of which Jesus spoke.

You are the rich child of a loving, Mother-Father God. So dare to prosper **NOW!**

**Prosperity
is Spiritual
and
Spirituality
Prospers**

It feels like home...



UNITY

Adult Education Classes & Programs

Sunday Mornings

Get an energizing *BOOST* at 10AM with one of our participative Adult Sunday School offerings, followed by a dose of solid inspiration at our 11AM service. On-going throughout the year:

- **QUEST Class of Spiritual Rediscovery** (Mansion 1st floor) We begin this year with all new *Quest* material: *The Quest for MEANING*, *The Quest for WHOLENESS*, and *The Quest for PRAYER*. Learn more about what Unity means and how practicing the principles will make your life more fulfilling.
- **Discover Class** (Upstairs in the Mansion) begins the year with the exploration of Eric Butterworth's *The Universe is Calling*, one of the greatest books on prayer ever written.
- **A Course in Miracles** (LL of the Wingate Building) continues from 8:45-9:45 AM.

Sunday Evenings (Sanctuary)

6:30-8:30 PM

Our first Sunday evening "event" is **The Four T Prosperity Program**.

Of this 12-week life-changing program, its founder Stretton Smith once said: "*Prosperity is being at peace within; creatively expressing life; loving God, self, and others; being healthy in mind and body; and lacking in no good thing.*" If that sounds like the formula you'd like to adopt for your life, join us! Important details available in Fellowship Hall.

- January 4 special preview class, followed by this program to commitment and change, Jan. 11 – Mar. 28.

Monday (Bring Your) Lunch & Learn (Fellowship Hall)

12:30-1:30 PM

Join the Atlanta Unity Staff, as they explore John Randolph Price's **Forty Days to Prosperity**.

Monday Evenings (Choir Room)

January 5-26 from 7:30-9 PM

The Reverend Alberta Bosell, DD, Unity-raised and trained by none other than Rev. Johnnie Coleman of Chicago's Universal Life Church and Institute, teaches **Abundant Health & More**.

- In this time slot from February 23 – March 29, LUT Susan Trammell will host a Lenten series on **Fasting & Feasting with God**.

Tuesday Evenings (Fellowship Hall)

January 20-March 9 from 7:30-9:30

Jackie Dillon teaches her perennial favorite course on **Prosperity**.

Call 770.452.1802 in advance to reserve your manual.

Wednesday Evenings (Sanctuary)

7:30-8:30 PM, January offers some special occasions for learning how to live a richer life:

- January 7 – **Lessons in Abundance**, with Valerie Bagnol
- January 14 & 21 – **Dynamic Laws of Treasure Mapping** with Kathi Hanley
- January 28 – The INCOMPARABLE **Edwene Gaines**, *Unity's Prosperity Guru*

Beginning in February, this time slot will host Sharon West's on-going music service.

Thursday Mornings (YOU Room)

- January 8 – 29, LUT Susan Trammell starts this year's

10:30 AM- noon class period with **Be All That You Can Be!**

An experience in SELF-EMPOWERMENT that will help you uncover what is keeping you from your highest good, and how to gain a new and greater self-image.

- In February, this series continues with **Seasons of the Soul**.

Learn to welcome CHANGE, of all kinds, in your life; experience the transformative power of *dying to the old and being born again* to the new; and overcome the fears that stop you from growing.

Friday Afternoons (YOU Room)

1:30-4 PM, join Kathi Hanley for **Values-Based Management & the Prosperous Company** and learn to develop a vision, a set of values, and a code of ethics to secure prosperity for your organization. Kathi will teach you the secrets with which such prosperity giants as *Toyota* and *Johnson & Johnson* have realized their enormous success.

Coming Events

March 6 and 13

Dream Workshop

9 AM to 1 PM

March 14

Jana Stanfield

9AM and 11AM Services

March 20

Communication Workshop

1 to 4 PM

March 21

Christopher Ian Chenoweth

9AM and 11AM Services and *The Process Of Advanced Prosperity* Workshop
2 to 5:30 PM

April 15

Dr. Judith Orloff

7PM

The Power of your Intuition
talk and book signing.

Education

An Introduction to *A Course In Miracles*

Maybe you have a friend that has mentioned *A Course In Miracles* (ACIM) to you, perhaps you have read a brief account of what ACIM says, or maybe you are still looking for that spiritual path that really resonates with your inner being, whether curiosity is moving you or you are seriously trying to find a new spiritual path – the upcoming, An Introduction To A Course In Miracles, may be a very worthwhile expenditure of your time. This introductory course will be taught starting February 19, 2004.

It will be taught by Doug Davis, Ph.D., who has been involved with ACIM for nearly 14 years now. Doug has also been involved in formal teaching at two major universities for 33 years. He has attended numerous workshops led by Kenneth Wapnick, Ph. D., whom many consider to be the most learned person around as related to the contents of ACIM. Doug has taught two previous Introductory ACIM classes at Atlanta Unity and also leads an ACIM study group that meets weekly at his home. This new Introductory Course will meet each Thursday evening at 7:30 PM at Atlanta Unity Fellowship Hall. It will be 10 weeks in duration.

For further information contact Doug Davis at 770-934-6919 or at pigarden@aol.com.

Introductory Buddhist Meditation Classes

Tuesdays at 7:30 in the YOU room (starting January 13th), Buddhist Meditation classes will be taught by, Chris Byrne. Chris presents his classes in a light-hearted, humorous, and clear way that is meant to inspire and challenge both introductory and advanced students.

This class will explore fundamental aspects of Buddhist and meditation based on the best-selling book, *Transform Your Life*, by Geshe Kelsang Gyatso. The course will answer questions such as: How does meditation work, and how can I develop a daily practice? What is karma? Is reincarnation true? Why does meditation cause inner peace? How can I achieve greater levels of love and compassion? How do I apply my spiritual life in a practical way to my busy life? Each class will include relaxation exercises, a featured talk, time for discussion, a meditation, and informal social time. Anyone is free to join at any time. We request a \$10 donation per class (\$5 students/seniors), but no one is turned away due to lack of funds. For more information, please consult the Rameshori Buddhist Center website: www.MeditationForEveryone.org, or call 404-378-8599.

Abundance And Prosperity Class

Edwene Gaines will be here Wednesday, January 28 at 7:30 PM to weave her magic. Even if you've seen Edwene before, please come here her again. She has amazing things to say about prosperity.

- Are YOU experiencing the life that you were meant to live at this moment?
- Is your life filled with all the loving relationships that you desire?
- Are you traveling to the places that you desire to?
- Is the work that you are doing exactly what you want?
- Do you have more money than you could find ways to spend it?

If **NO** was the answer to any of these questions you can profit from joining this class.

LeRoy White at Atlanta UNITY

January 17 and 18



In his own words: I've been playing professionally for more than 40 years. Beginning my career in Newark, New Jersey, my Uncle Herbie gave me an old conga and some percussion toys and I've never looked back. I've played R&B, Rock & Roll, Blues, Swing, and Jazz. Playing in bands almost all of my life, I've received the best schooling a musician can get. I've shared the stage with Ike and Tina Turner, Tim Harden, Kiss, James Cotten, Herbie Mann, and recorded with Tom Wilson and Eddie Kramer. I've recorded at the famed Jimi Hendrix Electric Ladyland Studio and lived and played in the clubs of Paris, France. I'm good at what I do. I'm the best LeRoy there is. I say this in absolute power so that I can give you the best I've got. I have a loving family that supports me, and an energy source that never ends. Now let me play my music and together let's see what's standing after all is said and done.

A Balanced Life

A Fun,
Life-Changing
Workshop
February 22
12:30 to 5:30 PM
Sanctuary
\$20 Offering

is a simple to follow and easy to implement program for a balanced life. Built on the premise that all of life's trials have a foundation in unbalance, this program lays the groundwork for a happy, healthy life experience. **A Balanced Life** goes right to the Key Elements of our State of Being.

The Wednesday Experience: A Time of Renewal

Beginning February 4
7:30 PM

With the intent of serving you, and an eye toward new ways of "doing church," Rev. John and Sharon will explore options for an exciting, spirit filled mid-week time of renewal, a multisensory approach to gaining a deeper awareness of our God-selves.

Rev John Strickland and Sharon West team up to initiate a fresh expression of solid Unity Truth: **The Wednesday Experience.**

We in Unity accept that Truth is Truth. What we need is a better understanding of how we come to experience truth and know what we are... **Full-Time Expressions of God Spirit and God Love.**

Using music of all styles, meditation, video images, the spoken word and inner-active dialogue with those who come, **The Wednesday Experience** offers an hour in the middle of your week where you are reminded of the Truth of your being. Join us.

January 17
10 AM to 5 PM

January 18
12:30 to 6:30 PM

\$250

Call 770.455.8920 (x13)
for info

Bring Your Soul Home Enhance your Intuition, Power, and Happiness

Learn basic tools to enhance your intuition, and increase your energy and effectiveness in your life. Taught by Deborah Hill, nationally renowned author of *The Writings of the Masters*.

The stresses and challenges of life often hinder us from bringing our soul essence into body. This causes confusion and pain and disassociation from our intuitive abilities. In this workshop you'll learn easy and powerful techniques to center and ground yourself, become more aware and intuitive, clear your space of unwanted energy and protect yourself so that you can bring more of your Self into your life. You will learn skills and tools that help you to be healthier, more centered on your path and empowered in your life. From there you'll learn how to create a new life with new understanding and tools to carry you forward.

It feels like home...



UNITY

For Women Seeking Men

A dynamic 3 hour Seminar that can transform every area of your life!

February 28
9 AM to 1PM
\$75.00

FREE computerized beauty profile & half hour massage for all who register before February 24

Presented by
Marian Massie,
a Hypnotherapist/
Success coach
who has helped
thousands of
individuals since
1985. She is an
author and
seminar leader
as well.

You deserve to have the joyful, healthy relationship you want now and build positive self-image in the process!

Create Radiant Health, Wealth & Self-Esteem

- Natural approaches to hormone balance.
- The stress connection: how to manage your stress & preserve your health.
- Nutritional needs for women & the importance of detoxification.
- Why is a Will so important?
- How to shop for an attorney and a financial planner that will work in your best interests
- What you don't know can hurt you!
- Common mistakes most people make regarding financial planning.
- Learn how to change your limiting sub-conscious beliefs.
- The number 1 reason people self-sabotage their success.
- Powerful, proven methods to create the life & confidence you want!

Find the Man of Your Dreams

Learn how to become a man magnet!
(For the good ones only)

Learn the most common mistakes women make while dating.

Learn how to reprogram your Subconscious beliefs to create the relationship of your dreams!

Learn practical steps in finding, recognizing and keeping a great relationship!

Learn dream interpretation and inner energy work to speed up your ability to accept a wonderful man.

**To reserve your place,
call 770-956-0554 or email
starhypno@mindspring.com**

“Doing” Our Gifts

Like other parents at Unity, I was grateful to have an opportunity to bring the baby to the nursery and send the older kids to Sunday school, while my husband and I were filled spiritually. I was so grateful, that when the nursery workers asked if I could help out one Sunday a month I said, “I would love to!” I had been looking for a way to give thanks. This opportunity opened the door to my interest in Youth Education.

Melissia Albano,
Youth Ed. Coordinator

Now, three years later I am the Youth Education Coordinator. I went from working in the nursery, to assisting in a class, to being the assistant to the Youth Education Director, to being a Uniteen Leader, and now this! All it took was for me to say, “yes” to a simple request! God is good!

For years I had been looking for my purpose in this world, I had been looking for something that brought my heart joy...other than my family. As I became more and more involved with Youth Ed, I knew that I was right where I needed to be.

We have a great group of teachers, parents, and children at Atlanta Unity. It is an honor to be chosen as a leader for our spiritual education. My hope is to continue giving my gifts, and let God do the rest! That's been working so far, and well, “if it ain't broken, then don't fix it!”

I had heard a radio talk show about giving your lunch to Jesus, and the message was clear to me. I don't need to worry about if my gifts are good enough to give to the world or even know what they are, I just needed to do whatever is in front of me to do and let God do the rest! You see God takes those gifts, however small, and does “big magic,” but if we never “do” our gift we never get the “magic!”

The children have this part down perfect, that's why I have always loved working with them! I watch my own children all the time, do their “stuff,” and it's amazing what I learn if I listen and watch. My daughter once told me, when I asked her if she was scared before she performs, “Sure I am, but if I don't do it because I'm scared, then I'll never get to do it, and I *really* want to do it!” Sounds like a great thought to me!

So I pray that each of you, as a New Year begins, will feel the fear and “do” your gifts anyway. I can't wait to see God's “magic” for you!

Praying In Pictures; The Art Of Being!

Starting Sat., Feb. 7th, Rev. Lauralyn Bellamy, will be conducting a series of monthly workshops designed to encourage you to express your spirituality in pictures. This is not about producing works of art. It is about accessing that nonverbal part of you (the part that sends you dreams and daydreams) to more fully integrate all aspects of yourself as a spiritual being.

The first workshop will introduce you to the process of multimedia collage as a form of spiritual journaling. Succeeding workshops on March 6, April 3 and May 1, will explore scratchboard and watercoloring, clay sculpting, and photography (disposable cameras will be provided).

Each workshop will run from 1:30 to 4:30pm in Atlanta Unity's Fellowship Hall. Class size will be limited to insure a quality experience and advance registration is required. The cost of each workshop is \$55 plus a \$15 materials fee. Save on the workshop cost by registering for all four for \$200. Materials fees must be paid at the time of registration and there is no discount.

To register, mail your check, payable to Your Chaplain, Inc., to Rev. Lauralyn Bellamy at 5600 Roswell Road, Suite North-300-J, Atlanta 30342. For more information, call her at 404-394-3900.

CommUNITY

Gentle Yoga Classes by Patrice Dickey every Saturday morning at 11:30 AM in Fellowship Hall for \$10. Call her at 404.294.933 for details

A Religion of the Heart

Presented by Dr. Rocco Errico, 9AM and 11AM service on February 8

Olan Mills will be here on February 9 and February 20 from 3 to 9:30 PM and on February 21 from 10 AM to 5 PM to take your photo for our new church directory. You will receive a free 8x10 photo and a free directory just for participating. You may purchase extra photos if you like. Call Karen in the office for your appointment or if you would like to help with this project.

Book plates are now available for purchase for 20\$. You can personalize the front of a Bible with up to 30 words with a special message. There are about 25 printed and disturbed in the pews. Consider thanking someone for a wonderful gift they have given you and support the church at the same time. For more info call Karen at 770.455.8920x13

Come visit our new **Serenity Room** located on the bottom floor of Main Building where the old Board Room used to be.

Healing Ministry Programs

Monday, January 5, 7 PM, our speaker will be **Margaret Ruby**, presenting her program on **Energy Interference Patterning of DNA (EIP of DNA)**. Are you dealing with health challenges and stress, or finding that other people "push your buttons" and you don't know why? The EIP process **pinpoints destructive core belief patterns** that have resisted other therapies and **that interfere with energy flow**, resulting in long-term illness and emotional distress. When the core belief is pulled, released, and **replaced with a high vibration, energy flows freely, allowing spiritual, mental, emotional, and physical balance**. Replace negative patterning with positive manifestation. **Release stress** with one simple process. **Access cellular DNA memory and create a newly regenerated and rejuvenated DNA. Remove old belief systems permanently**. Margaret Ruby, founder, Possibilities Vocational School, Sagle, ID, is a highly respected international speaker and teacher, whose cutting-edge energy healing techniques have inspired graduates to not only take their personal and spiritual growth to new levels, but has also inspired many of them to begin or expand their own healing practices. For more information, call 1.888.711.9962. Check out www.possibilitiesdna.com

Monday, February 2, 7 PM, join us as **Carol Ann Woods, CMT**, shares her expertise in Qi Gong (chee-kung). Dress comfortably for movement as this will be a **participatory evening**. We will learn simple, fun techniques to **generate, circulate and store energy in our bodies**. Carol Ann is a massage therapist, Yoga instructor, energetic healer and Qi Gong facilitator. Contact her at 404.408.0386 for a class schedule and appointments.



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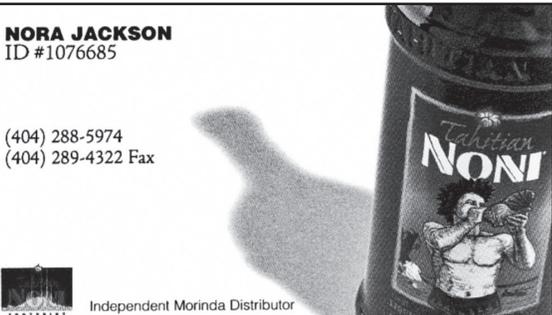
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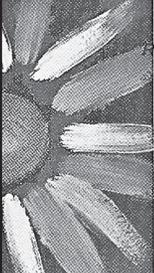


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The Kingdom Of Heaven

We believe that the *KINGDOM OF HEAVEN* is within each of us, and that, through humankind, the law and order existing in Divine Mind are to be established on earth. The "kingdom of heaven" does not depend on location in space, but rather is a mental state attainable in any place. While the "kingdom of God" is absolute, universal Truth – eternal and unchanging – the "kingdom of heaven" is relative, individual truth – a consciousness subject to the individual's will.

What does **UNITY** believe?

This is the first of an on-going series of articles about Unity's beliefs and practices. Thanks to Unity Church Universal in Kansas City for the idea and certain edited information.

When Jesus said "*the kingdom of heaven is at hand*" (Matt.3:2), he meant that nothing can intervene to prevent its ultimate revelation to every human being. Christ consciousness, or the super-consciousness within you, is the extension of Divine Mind and Its ideas. Divine Mind is another name Unity uses for God. "*God ideates; man thinks.*" We do not generate ideas – that's God's job! – but we do give them expression. Our work is to be receptive to divine ideas in their wholeness and express them in this world. That is how we "co-create" with God.

The widespread belief in HEAVEN and HELL as actual places to which souls are consigned for eternal bliss or punishment is due to several influences: Greek mythology, Oriental mysticism, and the fact that most people have thought of God as a person. As long as this belief is held, it is natural to believe that "heaven" is God's abode, while "hell" is the abode of his adversary. The root of "hell" means "to conceal;" and Unity believes that hell exists when our good seems to be concealed and limited thinking causes us to feel separate from God. Don't wait for heaven to happen: re-think, become receptive to inspiration and revelation of Truth in your life – and let heaven happen, **NOW!**



Fall Program Celebration



Atlanta UNITY in Pictures



Volunteer Breakfast



Christmas Show



Atlanta UNITY Church

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